

Week One

Autumn/Winter Dairy/Egg Free Inc Meat Menu 4/9/23, 25/09/23, 16/10/23, 13/11/23, 04/12/23, 08/01/24, 29/01/24

If you wish to do the Climate-Friendly Day omit the text in red 🌍

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|---|--|
| <p>Meat Balls in Tomato Sauce (DF)</p> <p>Rice</p> <p>Mixed Vegetables</p> <p>Fresh Fruit or Alpro Dessert</p> <p>Or</p> <p>Chocolate Crackle & Alpro Custard (DF)</p> | <p>Tasty Cheesy Ham Pasta Bake (DF)</p> <p>Garlic Bread</p> <p>Sweetcorn</p> <p>Fresh Fruit or Alpro Dessert</p> <p>Or</p> <p>Oaty Biscuit & Mandarins (DF)</p> | <p>Roast Chicken Fillet, Stuffing & Gravy (DF)</p> <p>Oven Roast Potatoes</p> <p>Broccoli & Baby Carrots</p> <p>Fresh Fruit or Alpro Dessert</p> <p>Or</p> <p>Chocolate Sponge, Pears & Plant Cream (DF)</p> | <p>Minced Beef Hotpot (DF)</p> <p>Green Beans & Cauliflower</p> <p>Fresh Fruit or Alpro Dessert</p> <p>Or</p> <p>Shortbread, Ice cream & Jam Sauce (DF)</p> | <p>Breaded Fish Square & Tomato Sauce (DF)</p> <p>Chunky Chips</p> <p>Garden Peas</p> <p>Fresh Fruit or Alpro Dessert</p> <p>Or</p> <p>Lemon Drizzle Muffin (DF)</p> |

Week Two

Autumn/Winter Dairy/Egg Free Menu 11/09/23, 02/10/23, 23/10/23, 20/11/23, 11/12/23, 15/01/24, 05/02/24

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| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|---|---|
| <p>Ham, Mediterranean Pasta Bake (DF)</p> <p>Crusty Roll (DF)(VE) Sweetcorn</p> <p>Fresh Fruit or Alpro Dessert Or</p> <p>Chocolate Oat Delight & Alpro Custard (DF)</p> | <p>Italian Style Pepperoni Pizza (DF)</p> <p>Jacket Potato Wedges Baked Beans</p> <p>Fresh Fruit or Alpro Dessert Or</p> <p>Viennese Biscuit & Peaches (DF)</p> | <p>Slow Braised Diced Beef & Yorkshire Pudding (DF)</p> <p>Mash Potato Green Cabbage & Baby Carrots</p> <p>Fresh Fruit or Alpro Dessert Or</p> <p>Chocolate Orange Sponge & Plant Cream (DF)</p> | <p>Chicken, Rainbow Rice & Curry Sauce (DF)</p> <p>Naan Bread (440039) Mixed Vegetables</p> <p>Fresh Fruit or Alpro Dessert Or</p> <p>Ice Cream & Fruit Cocktail (DF)</p> | <p>Crispy Nugget Dippers & Tomato Sauce (DF)</p> <p>Chunky Chips Garden Peas</p> <p>Fresh Fruit or Alpro Dessert Or</p> <p>Raspberry Bun (DF)</p> |

Week Three



Autumn/Winter Dairy/Egg Free Inc Meat Menu 18/09/23, 09/10/23, 06/11/23, 27/11/23, 18/12/23, 22/01/24

If you wish to do the Climate-Friendly Day omit the text in red 🌱

| Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------------------------|---|--|---|---|
| "Yorkshire" All Day Breakfast (DF) | Italian Style Mince Beef Pasta Bolognese (DF) | Roast Pork, Apple Sauce, Stuffing & Gravy (DF) | Mexican Style Chicken Enchiladas (DF) | Fish Fingers (330023) & Tomato Sauce (DF) |
| Hash Browns | Crusty Roll (DF)(VE) | Mashed Potato | Golden Vegetable Rice | Chunky Chips |
| Baked Beans | Baby Carrots & Garden Peas | Broccoli & Baby Carrots | Vegetable Sticks | Garden Peas |
| Fresh Fruit or Alpro Dessert | Fresh Fruit or Alpro Dessert | Fresh Fruit or Alpro Dessert | Fresh Fruit or Alpro Dessert | Fresh Fruit or Alpro Dessert |
| Or | Or | Or | Or | Or |
| Chocolate Cookie & Mandarins (DF) | Shortcake & Alpro Custard (DF) | Chocolate Crackle & Plant Cream (DF) | Steamed Jam Sponge & Alpro Custard (DF) | Oaty Fruit Crunch & Alpro Custard (DF) |