

Week One

Autumn/Winter **Vegan** Menu 4/9/23, 25/09/23, 16/10/23, 13/11/23, 04/12/23, 08/01/24, 29/01/24 🌍

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Protein Power Balls in Tomato Sauce(V)(VE)</p> <p>Rice</p> <p>Mixed Vegetables</p> <p>Fresh Fruit or Alpro Dessert</p> <p>Or</p> <p>Chocolate Crackle & Alpro Custard(V)(VE)</p>	<p>Tasty Cheesy Pasta Bake (V)(VE)</p> <p>Garlic Bread</p> <p>Sweetcorn</p> <p>Fresh Fruit or Alpro Dessert</p> <p>Or</p> <p>Oaty Biscuit & Mandarins</p>	<p>Oven baked Quorn Fillet, Stuffing & Gravy (V)(VE)</p> <p>Oven Roast Potatoes</p> <p>Broccoli & Baby Carrots</p> <p>Fresh Fruit or Alpro Dessert</p> <p>Or</p> <p>Chocolate Sponge, Pears & Plant Cream(V)(VE)</p>	<p>Harvest Mince Hotpot(V)(VE)</p> <p>Green Beans & Cauliflower</p> <p>Fresh Fruit or Alpro Dessert</p> <p>Or</p> <p>Shortbread, Ice cream & Jam Sauce (VE)</p>	<p>Ocean Fishless Fingers & Tomato Sauce (V)(VE)</p> <p>Chunky Chips</p> <p>Garden Peas</p> <p>Fresh Fruit or Alpro Dessert</p> <p>Or</p> <p>Lemon Drizzle Muffin(V)(VE)</p>

Week Two



Autumn/Winter **Vegan** Menu 11/09/23, 02/10/23, 23/10/23, 20/11/23, 11/12/23, 15/01/24, 05/02/24 🌍

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Mediterranean Pasta Bake (V)(VE)</p> <p>Crusty Roll (DF)(VE) Sweetcorn</p> <p>Fresh Fruit or Alpro Dessert Or</p> <p>Chocolate Oat Delight & Alpro Custard(V)(VE)</p>	<p>Italian Style Pizza (V)(VE)</p> <p>Jacket Potato Wedges Baked Beans</p> <p>Fresh Fruit or Alpro Dessert Or</p> <p>Viennese Biscuit & Peaches (V)(VE)</p>	<p>Harvest Savoury Mince & Yorkshire Pudding (V)(VE)</p> <p>Mash Potato Green Cabbage & Baby Carrots</p> <p>Fresh Fruit or Alpro Dessert Or</p> <p>Chocolate Orange Sponge & Plant Cream(V)(VE)</p>	<p>Rainbow Rice & Curry Sauce((V)(VE)</p> <p>Naan Bread (440039) Mixed Vegetables</p> <p>Fresh Fruit or Alpro Dessert Or</p> <p>Ice Cream & Fruit Cocktail(V)(VE)</p>	<p>Crispy Nugget Dippers & Tomato Sauce (V)(VE)</p> <p>Chunky Chips Garden peas</p> <p>Fresh Fruit or Alpro Dessert Or</p> <p>Raspberry Bun (V)(VE)</p>

Week Three

Autumn/Winter **Vegan** Menu 18/09/23, 09/10/23, 06/11/23, 27/11/23, 18/12/23, 22/01/24 🌍

Monday	Tuesday	Wednesday	Thursday	Friday
<p>"Yorkshire" All Day Breakfast (V)(VE)</p> <p>Hash Browns</p> <p>Baked Beans</p> <p>Fresh Fruit or Alpro Dessert</p> <p>Or</p> <p>Chocolate Cookie & Mandarins(V)(VE)</p>	<p>Italian Style Neapolitan Pasta (V)(VE)</p> <p>Crusty Roll (DF)(VE)</p> <p>Baby Carrots & Garden Peas</p> <p>Fresh Fruit or Alpro Dessert</p> <p>Or</p> <p>Shortcake & Alpro Custard(V)(VE)</p>	<p>Oven baked Quorn Fillet, Stuffing & Gravy(V)(VE)</p> <p>Mashed Potato</p> <p>Broccoli & Baby Carrots</p> <p>Fresh Fruit or Alpro Dessert</p> <p>Or</p> <p>Chocolate Crackle & Plant Cream(V)(VE)</p>	<p>Mexican Style Enchiladas (V)(VE)</p> <p>Golden Vegetable Rice</p> <p>Vegetable Sticks</p> <p>Fresh Fruit or Alpro Dessert</p> <p>Or</p> <p>Steamed Jam Sponge & Alpro Custard(V)(VE)</p>	<p>Crispy Rainbow Fingers & Tomato Sauce(V)(VE)</p> <p>Chunky Chips</p> <p>Garden Peas</p> <p>Fresh Fruit or Alpro Dessert</p> <p>Or</p> <p>Oaty Fruit Crunch & Alpro Custard(V)(VE)</p>