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|  | **Week 1: 23rd Sept, 14th Oct** |
| **Monday** | Pasta Beef Bolognese (GF option available)  Or Cheese and tomato Pasta (v/ve)  Crusty Bread (v/ve/GF option) Sweetcorn  Or Cheese or ham sandwich (v/ve/GF Options)  Fresh Fruit/Yoghurt Or  Chocolate Muffin (v/ve/GF Options) |
| **Tuesday** | Margherita Pizza (v/ve/GF Options)  Wedges (v/ve/GF Options)  Beans (v/ve/GF Options)  Or Jacket Potato with beans or cheese (v/ve/GF Options)  Fresh Fruit/Yoghurt Or  Ice cream and pineapple (v/ve/GF Options) |
| **Wednesday** | Roast Dinner with Yorkshire Pudding (v/ve/GF Options)  Chicken or quorn fillet (v/ve/GF Options)  Roast potatoes/ Gravy (v/ve/GF Options)  Broccoli, cauliflower, carrots  Or Cheese or ham sandwich (v/ve/GF Options)  Fresh Fruit/Yoghurt Or  Shortcake Cookie and mandarin (v/ve/GF) |
| **Thursday** | Breakfast Muffin (GF Options)  Or Quorn Muffin (v/ve/GF Options)  Hash Brown, Beans (v/ve/GF Options)  Or Jacket Potato with beans or cheese  (v/ve/GF Options)  Fresh Fruit/Yoghurt Or  Waffles (v/ve/GF Options) |
| **Friday** | Fillet of Fish (GF Options)  Or Quorn nuggets (v/ve)  Chips (v/ve/GF Options) Peas (v/ve)  Or Cheese or tuna sandwich (v/ve/GF Options)  Fresh Fruit/Yoghurt Or  Vanilla Muffin (v/ve/GF Options) |

**ST MARY’S CE PRIMARY SCHOOL**

**SPRING/SUMMER 24 (WEEK 1 MENU)**

**HEALTHY EXTRAS: FRESH SALAD BAR SELECTION DAILY**