

Week One



Autumn/Winter **Gluten Free** 4/9/23, 25/09/23, 16/10/23, 13/11/23, 04/12/23, 08/01/24, 29/01/24

Monday	Tuesday	Wednesday	Thursday	Friday
(GF)Meat Balls in Tomato Sauce	(GF)Tasty Cheesy Ham Pasta Bake	Roast Chicken & Gravy	(GF)Minced Beef Hotpot	(GF) Breaded Fish Fillet (410035) & Tomato Sauce
Rice Mixed Vegetables	(GF) Bread Sweetcorn	Oven Roast Potatoes Broccoli & Baby Carrots	Green Beans & Cauliflower	Chunky Chips Garden Peas
Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt
Or	Or	Or	Or	Or
(GF)Chocolate Crunch & Custard	(GF)Melting Moment & Mandarins	(GF)Chocolate Sponge, Pears & Cream	(GF) shortcake, Ice cream & Jam Sauce	(GF)Lemon Drizzle Muffin

Week Two



Autumn/Winter **Gluten Free** 11/09/23, 02/10/23, 23/10/23, 20/11/23, 11/12/23, 15/01/24, 05/02/24

Monday	Tuesday	Wednesday	Thursday	Friday
(GF) Ham, Mediterranean Pasta Bake	(GF)Homemade Italian Style Pizza	Slow Braised Diced Beef & (GF)Yorkshire Pudding	Chicken, Rainbow Rice & (GF)Korma Sauce	(GF)Salmon Fingers (410036) & Tomato Sauce
Crusty Roll Sweetcorn	Oven Baked Potato Wedges Baked Beans	Mash Potato Green Cabbage & Baby Carrots	(GF) Bread Mixed Vegetables	Chunky Chips Garden peas
Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt
Or	Or	Or	Or	Or
(GF)Chocolate Crunch & Custard	(GF)Viennese Biscuit & Peaches	(GF)Chocolate Orange Sponge & Cream	Ice Cream & Fruit Cocktail	(GF)Raspberry Bun

Week Three

Autumn/Winter **Gluten Free** 18/09/23, 09/10/23, 06/11/23, 27/11/23, 18/12/23, 22/01/24

Monday	Tuesday	Wednesday	Thursday	Friday
(GF) "Yorkshire" All Day Breakfast	(GF) Italian Style Mince Beef Pasta Bolognese	Roast Pork, Apple Sauce & Gravy	(GF) Mexican Style Chicken Enchiladas	(GF) Fish Fingers (330023) & Tomato Sauce
Hash Browns	(GF) Bread bun	Mashed Potato	Golden Vegetable Rice	Chunky Chips
Baked Beans	Baby Carrots & Garden Peas	Broccoli & Baby Carrots	Vegetable Sticks	Garden Peas
Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt
Or	Or	Or	Or	Or
(GF) Melting Moment & Mandarins	(GF) Shortcake & Custard	(GF) Chocolate Crunch & Cream	(GF) Steamed Jam Sponge & Custard	(GF) Apple Crumble & Custard